## A.A. MEETINGS LIST Western Cape: Tel: 021-418 0908 Updated: March 2020 Website: www.aasouthafrica.org.za : Email: westerncape@aasouthafrica.org.za

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cape Town 3 (O) Carpenters Shop 14a Roeland St.  Time: 18H00	Cape Town Hope Street non-restrictive (Gay/Lesbian) Congregational Hall, Kloof &Eaton Time: 20H00	Bellville (A)  * Presbyterian Office Cnr Linger & Davies Roads BELLVILLE	Blue Downs Hillcrest Hall Blue Downs Way Hillcrest BLUE DOWNS Time: 20H00	Bergyliet * Meadowridge Library Howard Drive MEADOW RIDGE	Bishop Lavis (O) Lavis Drive Primary Koppiesdam & Lavis drive Bishop Lavis	Athlone/ * Klipfontein Mary Harding Centre. Lower Klipfontein Rd., Athlone. Time: 16H00
		Time: 19H30		Time: 19H30	Time:15H00	
Cape Town (O) YES (Youth Enjoying Sobriety) Congregational Hall,Kloof & Eaton Time: 20H00	Constantia Sunrise Christ Church, cnr Constantia Main & Parish roads Constantia Time:7H00	Bonteheuwel Multi-Purpose Centre Cnr Jakkalsvlei and Elder Sts Time: 19H30	Bredasdorp Diens Sentrum Hopley Street Bredasdorp  Time:19H00	CapeTown (O) Green Market Ex. St. Georges Cathederal , 5 Wale Street Cape Town Time:13:05	Cape Town 3 (O) Steps &Traditions Carpenters Shop 14a Roeland St.  Time: 11H00	Cape Town (O) Green Door NG Kerk , 17 Upper Union Str Gardens Time: 17H00
Claremont Congregational Church Hall Franklin Road CLAREMONT Time: 19H30	Grassy Park  * Victoria Group Good Shephard Church Hall Cnr. 2nd Avenue & Victoria Road Time:19H30	Cape Town 3 (C) Carpenters Shop 14a Roeland St. (Back of Blue Building) Time: 18H00	Cape Town Big Book Study Salvation Army 9 Vrede Street Gardens Time: 18H00	Cape Town 3 (0) Carpenters Shop 14a Roeland St. (Back of Blue Building) Time: 18H00	Cape Town (O) Green Door NG Kerk , 17 Upper Union Str Gardens Time: 07H30	Claremont (O) Sunday Serenity Congregational Church Hall (hall behind the church) 222 MAIN RD Time:19H30
Delft * Rosendale Primary School Room 40 DELFT Time: 19H30	Hermanus United Church Hall Royal Street HERMANUS Time: 19H00	Cape Town (O) Cocktail Tales (Gay Men)Pride Shelter Trust 1 Molteno Road Time: 18H00	Cape Town 1 (O) Presbyterian Church Hall Cr Upper Orange &Annandale Rds Time: 20H00	Constantia Sunrise Christ Church, cnr Constantia Main & Parish roads Time:7H00	Cape Town (O) Saturday Night Alive Congregational Hall Kloof & Eaton Time:19H00	Durbanville * Rosehaven Old Age Centre Queen Street DURBANVILLE Time: 19H00
Fish Hoek Parish House in front of the Catholic Church 6th Avenue Time: 19H30	Hout Bay (O) NG Kerk Hall Oxford Street Time: 19H15	Constantia Sunrise Christ Church, cnr Constantia Main & Parish roads Time:7H00	Claremont Congregational Church Hall Franklin Road Time: 19H30	Hanover Park * Lady of the Rosary R.C Church Hall HanoverParkAve Time: 20H00	Claremont (O) XHOSA 1 (X) Crescent Clinic, 269 Main Rd, Time: 16H00	Elsies River * Methodist Church Hall Cnr 27 <sup>th</sup> Ave & Halt Road Time: <b>15H00</b>
Mitchell's Plain Woodlands * Princeton High School, Mitchell's Avenue Time: 20H00	Klein Constantia Glenvar Bible College,6 Eskol Avenue, Off Strawberry Lane, Constantia Time: 19H30	Delft Morning * 1 Doublom Circle, Rosendale. Opp. Primary School Time: 10H00	Claremont Secular Serenity Crescent Clinic, 269 Main Road Time: 19H00	Hermanus Friday Night United Church Hall Royal Street Time: 19H00	Goodwood Keep It Simple Lutheran Hall, Vasco Bouilevard Time: 19H30	Nyanga Zolani Centre Terminus Road (opp. Taxi rank) Nyanga Time :14H00
Paarl * NG Strooidak Church Hall, Klein Reservoir Street,	Kraaifontein Kraaifontein Library, Brighton Way. Kraaifontein	Franschoek La Provence Str, Community Sport Centre	Fish Hoek (O) Valley Morning St Kiarans Presbyterian Church, 7th Ave	Kalk Bay Holy Trinity Church Hall, Main Road, KALK BAY	Koue Bokkeveld Die opleiding Sentrum Op die Berg Koue Bokkeveld	Steenberg * Methodist Church, 16 Lowlands Ave., Tokai
Time: <b>19H30</b>	Time: <b>20H00</b>	Time: 19H00	Time:10H00	Time: <b>19H15</b>	(every 2 <sup>nd</sup> /3rd wk) Time : <b>10H00</b>	Time: <b>18H30</b>
Parkwood * Hyde Road Primary School Hyde Road PARKWOOD	Mitchell's Plain Serenity Recreational Centre Weltevreden Road	Gordons Bay Municipal Clinic Sir Lowry's Pass &Mountain Side Boulevard	Hermanus United Church Hall Royal Street HERMANUS Time: 06H30 &	Saldanha (O) 9 10 <sup>th</sup> Avenue Saldanha	Maitland* Roman Catholic Hall Coronation Street	Somerset West Primary Purpose Thomas House of Hope, 66 Victoria Road,
Time: 19H30	Rocklands Time: <b>20H00</b>	Time:19H30	12H30	Time: <b>19H00</b>	Time:18H30	Time: 16H30

Methodist Church Hall Bedford Street PAROW  Moordhoek King of Kings Ou Kaapse Weg opp. Long Beach Mall, Back of Church,  Elfine	llo Road HOUT BAY	Sea Point Sunrise St James Church Hall ST James Rd Time: 07H00	Mitchell's Plain* Westridge Rocklands High Cnr Cedars & Eisleben Roads Rocklands Time: 16H00	Tableview(O) Pied Piper. Community Hall,Norton Square Off Short Street (behind Bayside Mall ) Tableview Time: 19H00
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<sup>\*</sup> Indicates that there is an Al-Anon ((021) 595 4517) Meeting for friends and family at the same venue at the same time.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pringle Bay United Church, Cnr Circle Road & Park Street Pringle Bay Time: 19H30	Observatory Chapter 3 Loaves & Fishes Lower Rochester Road, Time: 19H00	Kuils River (A) NG Moedersaal Van Riebeek St KUILS RIVER Time:20H00	Kammieskroon 39 Gerrie Genis Road Kammieskroon Time:18H00	Sea Point/ (O)Sunset St James Hall ST James Rd SEA POINT Time: 19H00	Muizenberg. (O) Surfers Corner Methodist hall, 10 Belvedere Rd. Behind BP garage Time: 08H30	
Sea Point * St James Hall St James Road SEA POINT  Time: 19H30	Somerset West 12&12@12 (O) St.Pauls Church Hall Cnr. Andries Pretorious & LourensSts. Time: 12H00	Lansdowne * St.Aidan's Church Hall, St. Aidans Road, Lansdowne Time: 20H00	Milnerton/ Killarney(O) Methodist Church Hall Ascot Road MILNERTON Time: 20H00	Somerset West (Q) Back To Basics St Pauls RC Hall Andries & Lourens Sts Time: 20H15	Noordhoek King of Kings, Ou Kaapse Weg, opp Long Beach Mall, Back of the Church Time: 17H00	
Somerset West * Hottentots Holland St Paul's Church Hall Cnr Andries Pretorius & Lourens Streets Time: 20H15	Table View/ Into Action (O) Girl Guide Hall Hof Street Time: 19H30	Mitchell'sPlain * Lentegeur LentegeurHospita IMain Hall, Highlands Drive Lentegeur Time: 20H00	Ocean View Methodist Church Hall, cnr Capella & Zodiac Roads  Time: 19H00	Table View Living Sober Methodist Church, 81 Janssens Avenue(Off Blaauberg Road) Time: 13H00	Plumstead. Happy Hour (O) St Lukes Church Hall Annandale Rd. DIEP RIVER Time: 17H15	
Table View(O) Step Into Sobriety NG Kerk- Tafelbaai 41 Grey Avenue Time: 19H30	Wynberg Novalis Ubuntu Institute, 39 Rosmead Ave Time: 20H00	Montagu (O) KWV Building Cnr.Kohler & Long Streets MONTAGU  Time: 18H00	Retreat St Mary's R.C. Staff Room Retreat Road RETREAT Time: 20H00		Somerset West Daily Reflections St.Pauls Church Hall Cnr. Andries Pretorious & Lourens Sts. Time: 11H00	
Swakopmund West Coast Fellowship Catholic church , cnr Daniel Tjangarero & Nathaniel Maxulili Streets Time: 18H30		Muizenberg - BB Methodist hall, 10 Belvedere Rd. Behind BP garage MUIZENBERG Time: 18H30	Robertson NG Church Hall c/r Van Reenen & Paul Kruger St. (entrance through parking lot on Van Reenen S Time: 19H30		Table View /Sane Sober Saturday Girl Guide Hall Hof Street TABLE VIEW Time: 19H00	
Vredenburg Die Stalle , (road to Paternoster) NG Church parking area. Voortrekker Rd. Time: 19H00		Pearly Beach N.G. Church , Main Road Time:19H00	Sea Point LANGUAGE OF THE HEART: (ES) St James Hall, St James Rd. Time: 19H30			
Windhoek Central Methodist Church, Cnr.Casino & Luderitz Streets Time: 19H00		Pinelands BB(O) Methodist Church Hall 16 Ridge way Time: 18H00	Stellenbosch Baptist Church 6 Merriman Ave., STELLENBOSCH Time: 19H30			

Rondebosch * St Michaels Church Hall Rouwkoop Rd Time: 19H30	Somerset West Ex(s)press(O). St Paul's Church Hall Cnr Andries Pretorius & Lourens Time: 12H00		
Table View Wednesday Express .Norton Square Club House, Short St Time:19H15	Windhoek Central Methodist churxh Cnr casino & Luderitz Streets Time :19H00		
Windhoek Central Methodist church Cnr casino & Luderitz Streets Time :19H00	Worcester United_Church Hall 73 church Street Time: 19H00		

- (A) Indicates meetings where the preamble is read in Afrikaans. Meeting is usually still bilingual.
- (B) Bilingual Meeting.(BB) Big Book Study Group

(X) Xhosa speaking meeting (C) Closed Meetings – for members & any one with a drinking problem (O)Open Meetings – Open meetings are open to any interested non-alcoholics and friends and family of Alcoholics. There are also open meetings on the last meeting of every month for most groups.