# A.A. MEETINGS LIST Western Cape: Tel: 021-418 0908 Updated: January 2020

# Website: www.aasouthafrica.org.za : Email: westerncape@aasouthafrica.org.za

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| Cape Town 3 (O) Carpenters Shop 14a Roeland St.   Time: 18H00 | **Cape Town**  **Hope Street**  non-restrictive  (Gay/Lesbian)  Congregational  Hall, Kloof &Eaton  Time: **20H00** | Bellville (A) \* Presbyterian Office  Cnr Linger & Davies Roads  BELLVILLE Time: 19H30 | Blue Downs \* Hillcrest Hall  Blue Downs Way  Hillcrest  BLUE DOWNS Time: 20H00 | Bergvliet \* Meadowridge Library  Howard Drive  MEADOW RIDGE Time: 19H30 | **Bishop Lavis (O)**  Lavis Drive Primary  Koppiesdam &  Lavis drive  Bishop Lavis  Time:**15H00** | Athlone/ \*  Klipfontein  Mary Harding Centre. Lower Klipfontein Rd., Athlone.  Time: 16H00 |
| Cape Town (O)YES (Youth Enjoying Sobriety) Congregational Hall,Kloof & Eaton  Time: **20H00** | **Constantia**  **Sunrise**  Christ Church, cnr Constantia Main & Parish roads  Constantia  Time:**7H00** | Bonteheuwel Multi-Purpose Centre  Cnr Jakkalsvlei and Elder Sts  Time: **19H30** | **Bredasdorp**  Diens Sentrum  Hopley Street  Bredasdorp  Time:**19H00** | CapeTown (O)Green Market Ex. St. Georges Cathederal , 5 Wale Street  Cape Town  Time:13:05 | Cape Town 3 (O) **Steps &Traditions** Carpenters Shop 14a Roeland St.  Time: **11H00** | Cape Town (O)Green DoorNG Kerk , 17 Upper Union StrGardens Time: 17H00 |
| Claremont Congregational Church Hall  Franklin Road  CLAREMONT  Time: **19H30** | **Grassy Park \***  **Victoria Group**  Good Shephard Church Hall  Cnr. 2nd Avenue & Victoria Road  Time:**19H30** | Cape Town 3 (C) Carpenters Shop 14a Roeland St. (Back of Blue Building)  Time: **18H00** | Cape Town  Big Book Study  Salvation Army  9 Vrede Street  Gardens  Time: **18H00** | Cape Town 3 (O) Carpenters Shop 14a Roeland St. (Back of Blue Building)  Time: **18H00** | Cape Town (O)Green DoorNG Kerk , 17 Upper Union StrGardens Time: **07H30** | **Claremont (O)**  **Sunday Serenity**  Congregational Church Hall (hall behind the church)  222 MAIN RD  Time:**19H30** |
| Delft \* Rosendale Primary School  Room 40  DELFT  Time: **19H30** | Hermanus United Church Hall  Royal Street  HERMANUS  Time: **19H00** | Cape Town (O)  Cocktail Tales  (Gay Men)Pride Shelter Trust  1 Molteno Road  Time: **18H00** | Cape Town 1 (O) Presbyterian Church Hall  Cr Upper Orange &Annandale Rds  Time: **20H00** | **Constantia**  **Sunrise**  Christ Church, cnr Constantia Main & Parish roads  Constantia  Time:**7H00** | **Cape Town (O)**  **Saturday Night Alive**  Congregational Hall Kloof & Eaton  Time:**19H00** | Durbanville \* Rosehaven Old Age Centre  Queen Street  DURBANVILLE  Time: **19H00** |
| Fish Hoek Parish House in front of the  Catholic Church  6th Avenue  Time: **19H30** | Hout Bay (O) NG Kerk Hall  Oxford Street  HOUT BAY  Time: **19H15** | Delft Morning \* 1 Doublom Circle, Rosendale. Opp. Primary School  DELFT  Time: **10H00** | Claremont Congregational Church Hall  Franklin Road  CLAREMONT  Time: **19H30** | Hanover Park \* Lady of the Rosary R.C Church Hall  HanoverParkAve  Time: **20H00** | **Claremont (O)**  **XHOSA 1 (X)**  Crescent Clinic,  269 Main Rd, Claremont.  Time: **16H00** | Elsies River \* Methodist Church Hall  Cnr 27th Ave & Halt Road  Time: **15H00** |
| Mitchell’s PlainWoodlands \* Princeton High School  Mitchell Avenue  MITCHELLS PLN  Time: **20H00** | Klein Constantia  Constantia Primary School  Ladies Mile Rd.  Time: **19H30** | **Franschoek**  **La Provence Str, Community Sport Centre**  **Time: 19H00** | **Claremont Secular Serenity** Crescent Clinic, 269 Main Road Claremont  Time: 19H00 | Hermanus **Friday Night** United Church Hall  Royal Street  HERMANUS  Time: **19H00** | **Goodwood**  **Keep It Simple**  Lutheran Hall, Vasco Bouilevard  GOODWOOD  Time: **19H30** | Nababeeb Nababeep Hospitaal  Hospitaal Str.  Time: **17H00** |
| **Paarl \***  NG Strooidak Church Hall, Klein Reservoir Street,  Time: **19H30** | **Kraaifontein**  Kraaifontein Library,  Brighton Way.  Kraaifontein  Time: **20H00** | **Gordons Bay**  Municipal Clinic  Sir Lowry’s Pass  Time:**19H30** | **Fish Hoek (O)**  **Valley Morning**  St Kiarans Presbyterian Church, 7th Ave  Time:**10H00** | Kalk Bay Holy Trinity Church Hall, Main Road,  KALK BAY  Time: **19H15** | **Koue Bokkeveld**  Die opleiding Sentrum  Op die Berg  Koue Bokkeveld  (every 2nd /3rd wk)  Time: **10H00** | **Nyanga**  Zolani Centre  Terminus Road  (opp. Taxi rank)  Nyanga  Time :**14H00** |
| **Parkwood \***  Hyde Road Primary School  Hyde Road  PARKWOOD  Time: **19H30** | **Mitchell’s Plain**  **Serenity**  Recreational Centre  Weltevreden Road  Rocklands  Time:**20H00** | Heathfield \* Elfindale Civic Centre  Apollo Road  Elfindale  Time: **20H00** | Hermanus United Church Hall  Royal Street  HERMANUS  Time: **06H30 & 12H30** | **Saldanha (O)**  9 10th Avenue  Saldanha  Time: **19H00** | **Maitland\***  Roman Catholic Hall  Coronation Street  Time:**18H30** | Steenberg \* Methodist Church, 16 Lowlands Ave.,  Tokai  Time: **18H30** |
| **Parow**  Methodist Church Hall  Bedford Street  PAROW  Time: **20H00** | Nababeep Nababeep Hospitaal  Hospital Str.  Time:**19H00** | Kuils River (A) NG Moedersaal  Van Riebeek St  KUILS RIVER  **Time:20H00** | Hout Bay(O) NG Kerk Hall  Oxford Street  HOUT BAY  Time: **19H15** | Sea PointSunrise St James Church Hall  ST James Rd  Time: **07H00** | Mitchell’s Plain\*Westridge Rocklands High Cnr Cedars & Eisleben Roads  Rocklands  Time: **16H00** | **Somerset West**  **Primary Purpose**  Thomas House of Hope, 66 Victoria Road, Somerset West  Time: 16H30 |

**\* Indicates that there is an Al-Anon ((021) 595 4517) Meeting for friends and family at the same venue at the same time.**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| **Pringle Bay**  United Church, Cnr Circle Road & Park Street  Pringle Bay  Time: **19H30** | **Noordhoek**  King of Kings Ou Kaapse Weg opp. Long Beach Mall,  Back of Church,  Time: 19H00 | **Lansdowne \***  St.Aidan’s Church Hall, St. Aidans Road, Lansdowne  Time: **20H00** | Kammieskroon 39 Gerrie Genis Road  Kammieskroon  Time:**18H00** | Sea Point/ (O)Sunset St James Hall  ST James Rd  SEA POINT  Time: **19H00** | Muizenberg. (O)Surfers Corner Methodist hall, 10 Belvedere Rd. Behind BP garage  Time: **08H30** | **Tableview(O)**  **Pied Piper**. Community Hall,Norton Square  Off Short Street  (behind Bayside Mall ) Tableview Time: 19H00 |
| Sea Point \* St James Hall  St James Road  SEA POINT Time: 19H30 | Observatory Chapter 3  Loaves & Fishes  Lower Rochester Road,  Time: 19H00 | Mitchell’sPlain \*Lentegeur LentegeurHospitalMain Hall, Highlands Drive  Lentegeur  Time: **20H00** | Milnerton/ Killarney(O) Methodist Church Hall  Ascot Road  MILNERTON Time: 20H00 | Somerset West (O) Back To Basics St Pauls RC Hall  Andries & Lourens Sts  Time: **20H15** | **Noordhoek**  King of Kings, Ou Kaapse Weg, opp Long Beach Mall, Back of the Church  Time: **17H00** |  |
| Somerset West \* Hottentots Holland  St Paul’s Church Hall Cnr Andries Pretorius & Lourens Time: 20H15 | **Somerset West**  **12&12@12 (O)**  St.Pauls Church Hall Cnr. Andries Pretorious & LourensSts.  **Time:** 12H00 | **Montagu (O)**  KWV Building  Cnr.Kohler & Long Streets  MONTAGU  Time: **18H00** | Nababeep Hospital Street  NABABEEP  Time: 19H00 | **Table View**  **Living Sober**  Methodist Church, 81 Janssens Avenue(Off Blaauberg R  Time**: 13H00** | PlumsteadHappy Hour (O) St Lukes Church Hall  Annandale Rd.  DIEP RIVER  Time**: 17H15** |  |
| **Table View(O) Step Into Sobriety** NG Kerk- Tafelbaai 41 Grey Avenue Time: 19H30 | Table View/  Into Action (O)  Girl Guide Hall  Hof Street Time: 19H30 | Muizenberg - BB Methodist hall, 10 Belvedere Rd. Behind BP garage  MUIZENBERG  Time: **18H30** | Retreat St Mary’s R.C. Staff Room Retreat Road  RETREAT  Time: **20H00** |  | **Somerset West**  **Daily Reflections**  St.Pauls Church Hall Cnr. Andries Pretorious & LourensSts.  Time: **11H00** |  |
| Vredenburg Die Stalle , (road to Paternoster)  NG Church parking area. Voortrekker Rd.  Time: **19H00** | Wynberg Novalis Ubuntu Institute, 39 Rosmead Ave  Time: 20H00 | ***Pinelands BB(O)***  Methodist Church Hall  16 Ridge way  Time : **18H00** | Robertson NG Church Hall c/r  Van Reenen & Paul Kruger St. (entrance through parking lot on Van Reenen S  Time: **19H30** |  | **Table View /Sane Sober Saturday**  Girl Guide Hall  Hof Street  TABLE VIEW  Time: **19H00** |  |
| **Windhoek**  Central Methodist Church, Cnr.Casino & Luderitz Streets  Time: **19H00** |  | Rondebosch \* St Michaels Church Hall  Rouwkoop Rd  Time: **19H30** | **Sea Point**  **LANGUAGE OF THE HEART:**. (ES)  St James Hall, St James Rd.  Time: **19H30** |  |  |  |
|  |  | **Table View Wednesday Express .Norton Square Club House, Short St**  **Time:19H15** | Stellenbosch \*  Baptist Church  6 Merriman Ave.,  STELLENBOSCH  Time: **19H30** |  |  |  |
|  |  | **Windhoek**  Central Methodist Church, Cnr.Casino & Luderitz Streets  Time: **19H00** | **Somerset West**  **Ex(s)press(O)**  St Paul’s Church Hall Cnr Andries Pretorius & Lourens  Time: **12H00** |  |  |  |
|  |  |  | **Windhoek \***  Central Methodist Church, Cnr.Casino & Luderitz Streets  Time: **19H00** |  |  |  |
|  |  |  | **Worcester**  United Church Hall  73 Church Street  Worcester  Time: **19H00** |  |  |  |
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1. **Indicates meetings where the preamble is read in Afrikaans. Meeting is usually still bilingual.**
2. **Bilingual Meeting.(BB) Big Book Study Group**

**(X) Xhosa speaking meeting (C) Closed Meetings – for members & any one with a drinking problem (O)Open Meetings – Open meetings are open to any interested non-alcoholics and friends and family of Alcoholics. There are also open meetings on the last meeting of every month for most groups.**