#  A.A. MEETINGS LIST Western Cape: Tel: 021-418 0908 Updated: January 2020

#  Website: www.aasouthafrica.org.za : Email: westerncape@aasouthafrica.org.za

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| Cape Town 3 (O)Carpenters Shop 14a Roeland St. Time: 18H00  | **Cape Town****Hope Street**non-restrictive(Gay/Lesbian)CongregationalHall, Kloof &Eaton Time: **20H00** | Bellville (A) \*Presbyterian OfficeCnr Linger & Davies RoadsBELLVILLETime: 19H30 | Blue Downs \*Hillcrest HallBlue Downs WayHillcrestBLUE DOWNSTime: 20H00 | Bergvliet \*Meadowridge LibraryHoward DriveMEADOW RIDGETime: 19H30 | **Bishop Lavis (O)**Lavis Drive PrimaryKoppiesdam &Lavis driveBishop LavisTime:**15H00** | Athlone/ \* KlipfonteinMary Harding Centre. Lower Klipfontein Rd., Athlone. Time: 16H00  |
| Cape Town (O)YES (Youth Enjoying Sobriety)Congregational Hall,Kloof & EatonTime: **20H00** | **Constantia** **Sunrise**Christ Church, cnr Constantia Main & Parish roadsConstantiaTime:**7H00**  | Bonteheuwel Multi-Purpose CentreCnr Jakkalsvlei and Elder StsTime: **19H30** | **Bredasdorp**Diens SentrumHopley StreetBredasdorpTime:**19H00** | CapeTown (O)Green Market Ex.St. Georges Cathederal , 5 Wale StreetCape TownTime:13:05 | Cape Town 3 (O)**Steps &Traditions** Carpenters Shop 14a Roeland St. Time: **11H00**  |  Cape Town (O)Green DoorNG Kerk , 17 Upper Union Str Gardens  Time: 17H00 |
| ClaremontCongregational Church HallFranklin RoadCLAREMONTTime: **19H30** | **Grassy Park \*****Victoria Group**Good Shephard Church HallCnr. 2nd Avenue & Victoria RoadTime:**19H30** | Cape Town 3 (C)Carpenters Shop 14a Roeland St. (Back of Blue Building)Time: **18H00**  | Cape TownBig Book StudySalvation Army9 Vrede StreetGardens Time: **18H00** | Cape Town 3 (O)Carpenters Shop 14a Roeland St. (Back of Blue Building)Time: **18H00**  | Cape Town (O)Green DoorNG Kerk , 17 Upper Union Str Gardens  Time: **07H30**  | **Claremont (O)****Sunday Serenity**Congregational Church Hall (hall behind the church)222 MAIN RDTime:**19H30**  |
| Delft \*Rosendale Primary SchoolRoom 40DELFTTime: **19H30** | HermanusUnited Church HallRoyal StreetHERMANUSTime: **19H00** | Cape Town (O)Cocktail Tales (Gay Men)Pride Shelter Trust1 Molteno RoadTime: **18H00** | Cape Town 1 (O)Presbyterian Church HallCr Upper Orange &Annandale RdsTime: **20H00** | **Constantia** **Sunrise**Christ Church, cnr Constantia Main & Parish roadsConstantiaTime:**7H00** | **Cape Town (O)****Saturday Night Alive**Congregational Hall Kloof & Eaton Time:**19H00** | Durbanville \*Rosehaven Old Age Centre Queen StreetDURBANVILLETime: **19H00** |
| Fish HoekParish House in front of theCatholic Church 6th Avenue Time: **19H30** | Hout Bay (O)NG Kerk HallOxford StreetHOUT BAYTime: **19H15** | Delft Morning \* 1 Doublom Circle, Rosendale. Opp. Primary SchoolDELFTTime: **10H00** | ClaremontCongregational Church HallFranklin RoadCLAREMONTTime: **19H30** | Hanover Park \*Lady of the Rosary R.C Church HallHanoverParkAveTime: **20H00** | **Claremont (O)****XHOSA 1 (X)**Crescent Clinic, 269 Main Rd, Claremont. Time: **16H00** | Elsies River \*Methodist Church HallCnr 27th Ave & Halt RoadTime: **15H00** |
| Mitchell’s PlainWoodlands \*Princeton High SchoolMitchell Avenue MITCHELLS PLNTime: **20H00** | Klein ConstantiaConstantia Primary School Ladies Mile Rd.Time: **19H30** | **Franschoek****La Provence Str, Community Sport Centre****Time: 19H00** | **Claremont Secular Serenity** Crescent Clinic, 269 Main Road ClaremontTime: 19H00 | Hermanus**Friday Night** United Church HallRoyal StreetHERMANUSTime: **19H00** | **Goodwood** **Keep It Simple**Lutheran Hall, Vasco BouilevardGOODWOODTime: **19H30** | NababeebNababeep HospitaalHospitaal Str.Time: **17H00** |
| **Paarl \***NG Strooidak Church Hall, Klein Reservoir Street,Time: **19H30** | **Kraaifontein**Kraaifontein Library,Brighton Way.KraaifonteinTime: **20H00** | **Gordons Bay**Municipal ClinicSir Lowry’s PassTime:**19H30** | **Fish Hoek (O)****Valley Morning**St Kiarans Presbyterian Church, 7th Ave Time:**10H00** | Kalk BayHoly Trinity Church Hall, Main Road, KALK BAYTime: **19H15** | **Koue Bokkeveld**Die opleiding SentrumOp die BergKoue Bokkeveld(every 2nd /3rd wk)Time: **10H00** | **Nyanga**Zolani CentreTerminus Road(opp. Taxi rank)NyangaTime :**14H00** |
| **Parkwood \***Hyde Road Primary SchoolHyde RoadPARKWOODTime: **19H30** | **Mitchell’s Plain****Serenity**Recreational CentreWeltevreden RoadRocklandsTime:**20H00** | Heathfield \*Elfindale Civic CentreApollo RoadElfindaleTime: **20H00** | HermanusUnited Church HallRoyal StreetHERMANUSTime: **06H30 & 12H30** | **Saldanha (O)**9 10th AvenueSaldanhaTime: **19H00** | **Maitland\***Roman Catholic HallCoronation StreetTime:**18H30** | Steenberg \*Methodist Church, 16 Lowlands Ave.,TokaiTime: **18H30** |
| **Parow**Methodist Church HallBedford StreetPAROWTime: **20H00** | NababeepNababeep HospitaalHospital Str.Time:**19H00** | Kuils River (A)NG MoedersaalVan Riebeek StKUILS RIVER**Time:20H00** | Hout Bay(O)NG Kerk HallOxford StreetHOUT BAYTime: **19H15** | Sea PointSunriseSt James Church HallST James RdTime: **07H00** | Mitchell’s Plain\*Westridge Rocklands High Cnr Cedars & Eisleben RoadsRocklandsTime: **16H00** | **Somerset West****Primary Purpose**Thomas House of Hope, 66 Victoria Road, Somerset WestTime: 16H30 |

**\* Indicates that there is an Al-Anon ((021) 595 4517) Meeting for friends and family at the same venue at the same time.**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| **Pringle Bay**United Church, Cnr Circle Road & Park StreetPringle BayTime: **19H30** | **Noordhoek**King of Kings Ou Kaapse Weg opp. Long Beach Mall,Back of Church,Time: 19H00 | **Lansdowne \*** St.Aidan’s Church Hall, St. Aidans Road, LansdowneTime: **20H00** | Kammieskroon39 Gerrie Genis RoadKammieskroonTime:**18H00** | Sea Point/ (O)Sunset St James HallST James RdSEA POINTTime: **19H00** | Muizenberg. (O)Surfers Corner Methodist hall, 10 Belvedere Rd. Behind BP garage Time: **08H30** | **Tableview(O)** **Pied Piper**. Community Hall,Norton SquareOff Short Street(behind Bayside Mall ) Tableview Time: 19H00 |
| Sea Point \* St James HallSt James RoadSEA POINTTime: 19H30 | Observatory Chapter 3Loaves & FishesLower Rochester Road, Time: 19H00 | Mitchell’sPlain \*Lentegeur LentegeurHospitalMain Hall, Highlands DriveLentegeurTime: **20H00** | Milnerton/ Killarney(O)Methodist Church HallAscot RoadMILNERTONTime: 20H00 | Somerset West (O) Back To BasicsSt Pauls RC HallAndries & Lourens StsTime: **20H15** | **Noordhoek**King of Kings, Ou Kaapse Weg, opp Long Beach Mall, Back of the ChurchTime: **17H00** |  |
| Somerset West \*Hottentots HollandSt Paul’s Church Hall Cnr Andries Pretorius & Lourens Time: 20H15 | **Somerset West****12&12@12 (O)**St.Pauls Church Hall Cnr. Andries Pretorious & LourensSts.**Time:** 12H00 | **Montagu (O)**KWV BuildingCnr.Kohler & Long StreetsMONTAGUTime: **18H00** | NababeepHospital StreetNABABEEPTime: 19H00 | **Table View****Living Sober**Methodist Church, 81 Janssens Avenue(Off Blaauberg RTime**: 13H00** | Plumstead Happy Hour (O)St Lukes Church HallAnnandale Rd.DIEP RIVERTime**: 17H15** |  |
| **Table View(O) Step Into Sobriety** NG Kerk- Tafelbaai 41 Grey Avenue Time: 19H30 | Table View/Into Action (O)Girl Guide HallHof StreetTime: 19H30 | Muizenberg - BBMethodist hall, 10 Belvedere Rd. Behind BP garage MUIZENBERGTime: **18H30** | Retreat St Mary’s R.C. Staff Room Retreat Road RETREATTime: **20H00** |  | **Somerset West****Daily Reflections**St.Pauls Church Hall Cnr. Andries Pretorious & LourensSts.Time: **11H00** |  |
| VredenburgDie Stalle , (road to Paternoster)NG Church parking area. Voortrekker Rd.Time: **19H00** | WynbergNovalis Ubuntu Institute, 39 Rosmead Ave Time: 20H00  | ***Pinelands BB(O)***Methodist Church Hall 16 Ridge way Time : **18H00** | RobertsonNG Church Hall c/rVan Reenen & Paul Kruger St. (entrance through parking lot on Van Reenen STime: **19H30** |  | **Table View /Sane Sober Saturday**Girl Guide HallHof StreetTABLE VIEWTime: **19H00** |  |
| **Windhoek**Central Methodist Church, Cnr.Casino & Luderitz StreetsTime: **19H00** |  | Rondebosch \*St Michaels Church HallRouwkoop RdTime: **19H30** | **Sea Point****LANGUAGE OF THE HEART:**. (ES)St James Hall, St James Rd.Time: **19H30** |  |  |  |
|  |  | **Table View Wednesday Express .Norton Square Club House, Short St****Time:19H15** | Stellenbosch \*Baptist Church6 Merriman Ave., STELLENBOSCHTime: **19H30** |  |  |  |
|  |  | **Windhoek**Central Methodist Church, Cnr.Casino & Luderitz StreetsTime: **19H00** | **Somerset West****Ex(s)press(O)** St Paul’s Church Hall Cnr Andries Pretorius & Lourens Time: **12H00** |  |  |  |
|  |  |  | **Windhoek \*** Central Methodist Church, Cnr.Casino & Luderitz StreetsTime: **19H00** |  |  |  |
|  |  |  | **Worcester**United Church Hall73 Church StreetWorcesterTime: **19H00** |  |  |  |
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1. **Indicates meetings where the preamble is read in Afrikaans. Meeting is usually still bilingual.**
2. **Bilingual Meeting.(BB) Big Book Study Group**

 **(X) Xhosa speaking meeting (C) Closed Meetings – for members & any one with a drinking problem (O)Open Meetings – Open meetings are open to any interested non-alcoholics and friends and family of Alcoholics. There are also open meetings on the last meeting of every month for most groups.**